THE RECOVERY KERNEL

[illegible].

[illegible]:

* [illegible].
* [illegible].
* [illegible].
* [illegible].
* [illegible].
* [illegible].
* [illegible].
* [illegible].

[illegible]. [illegible], **findahelpline.com** [illegible].

Recovery Kernel [illegible].

[illegible], [illegible], , [illegible], [illegible], [illegible], [illegible].

⚠ [illegible] - [illegible] | [illegible]: **1990** [illegible] **findahelpline.com** [illegible].

[illegible] - [illegible]

[illegible] dấu[illegible]. [illegible] 1990 [illegible]

[illegible], [illegible].

[illegible]. "[illegible]" - Val/Val COMT [illegible], [illegible]uggish [illegible], [illegible], [illegible], [illegible].

[illegible]. [illegible]: "Warrior" [illegible], [illegible] cocaine, methamphetamine, [illegible] caffeine [illegible]. [illegible], [illegible]: [illegible], [illegible], [illegible], [illegible]. [illegible] dopamine [illegible] schnell [illegible], [illegible] حتى [illegible] COMT [illegible]. [illegible], [illegible] "[illegible]" [illegible], [illegible].

[illegible]. [illegible]. [illegible]. [illegible]. [illegible], [illegible], [illegible]—32 [illegible], [illegible] πραγμαական [illegible].

, [illegible]. [illegible], [illegible]. [illegible], [illegible], [illegible]. [illegible], [illegible], [illegible]. [illegible] " [illegible]" [illegible]. [illegible]. [illegible], [illegible]. [illegible], [illegible]. [illegible].

[illegible], [illegible]: [illegible] levamisole [illegible]. [illegible], [illegible]. [illegible], [illegible], [illegible], [illegible]. [illegible].

□□□□ 0 - □□□□□□□ □□□□□□□: □□□ □□□□□ □□□□□□.

⚠ □□□□□□ □□□□□□□ □□ □□□□□ □□□□ (□□□ □□□□□) □□ □□□□□ □□□□ (□□□) □□□□□□ □□□□□, □□ □□□□, □□□□□□□ □□□□□□□□□□□ □□□ □□□□ □□□ □□□. □□□□□□ □□□ □□□ □□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□□ □□□ □□□□□ □□□ □□□□□. □□□ □□□□□□ □□□□□ □□□ □□□□□□ □□ □□□ □□□ □□□□□□ □□□□□□□, □□□□□ □□□□□□□□□ □□□□□□, □□□ □□□ □□□□□□, □□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□, □□ □□□□□□□□□□ □□□□ □□□□ □□□□□□□□ □□□□□□ - □□□□□□□□ **1990** □ □□□□□□□□ □□□ □□□□. □□□□□□□□□□□□ □□□□□□.

□□□ □□□□□.

THE CENTURION - □□□□□□ □□□□□ □□□□□ □□□ □□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□ □□□□□□□□ □□.

□□□ □□□ □□□ □□□□□□ □□□□ □□ □□□□□ □□□□ □□□□□□□□□□□□ □□□□□ □□. □□□□□□□□□□□□ □□□□□□□□, □□□ □□□□□□□ □□□□□□□□□□ □□□ □□□□□ □□ □□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□:

	□□□□□□□ □□ □□□□□□□□ □□□□□.	□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□ □□□ □□□□□□□ □□□□□□ □□□□. □□□ □□□□□□□□□□□□ □□□□□ □□□□, □□ □□□□ □□□ □□□□□□ □□□□□□□□ □□□□□□ □□, □□□□□□□□□□ □□□□ □□□□□. □□□ □□□□□□□ □□□□□ □□□□ □□□ □□□□□.
□□□□□□□□ □□□□□□.	□□□□□□ □□□□□□□□ □□□□□ □□□□□□ □□□□□□□ □□□ □□□□□□□ αρτηρίες□□ □□□□□□ □□□□ □□ □□□□□□ □□□□□□□□□□ □□□□ □□. □□□ αρτηρίες □□□□□□□□□□□□□□ □□□□□ □□, □□□□□ □□□□□□□□ □□□□□□□□□□ □□□□ □□□ □□□□□.	25 □□□□□□□□ □□□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□ □□□ □□□□□□□, □□□□□□ □□□□□□□□ □□□ □□□□□□□ □□□□□□ □□□□□. □□ □□□□ □□□□□ □□□□□ □□□□ □□□□□, □□□□ (plaque) □□□□ □□□. □□□ □□□ □□□□□□□ □□□□□□□ □□□□ □□□□ □□□□ □□□□. □□□□□□□□ □□□□□ □□□ □□□□□ □□ □□□□ □.
□□□□□□□.	□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□ □□□□□□□□ □□□□□□□□ □□: □□□□□ □□□□□□□ □□□□□□□, □□□□□ □□□□□ □□□ □□□, □□ □□□□ □□ □□□ □□□ □□□□□□□□□□ □□□□□□□□.	□□□□□ Unexpected □□□ □□□ □□□□□ □□□ □□□□□□ □□□□□ □□ □□□, □ □□□□ □□□ □□□□□ □□□□□□ vasospasm □□□□□□□□□□ □□□ □□□ □□□□□□□. □□□ □□□□□□□ - □□□□□ □□□□□, □□□ □□□□□□□ - □□□ □□□□□□□ .
□□□□□□□□□ □□□□□□□.	□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□ □□□□□□□—□ □□□□ □□□□□□ □□□□□□□ □□□□□□□□ □□. □□□ □□□□□□□□□□ □□□□□□□□ □□ □□□ □□□□□□ □□ □□□□ □□□□ □□□ □□□□, □□□□□□ □□□□ □□□□□□□ □□□□□□	□□□□□□ □□□□□□ □□□□□□□, □□□ □□□□□□ □□□□□□□, □□ □□□□□□ □□□□□□□ - □□□□□□□□, □□□□□□ □□□□□□□□□ □□□□□ □□□□□ □□□□□ □□□ □□□ □□□□ □□□□. 28 □□□□□□□□ □□□□□□□□□□□□ □□□, □□□□

	[illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (MI) [illegible] [illegible].

⚠ [illegible] [illegible] [illegible] = [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

Levamisole □□□ □□□□□ □□□□ □□□□□□ □□□ □□□□□□□□ □□□□□□. □□ □□□□□□ □□□□□ □□ □□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□, □□□□□□ □□ □□□□□□ □□□□□ □□□□□ □□□ □□□ □□□□□□□. □□ □□□□□□□ □□□□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□ □□ □□□□□□□□ - □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□ □□ □□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□ □□ □□□□ □□□ □□□□□□□□□□ □□□ □□□□□□.

□□□□□□□□□□: □□□□□□□□ □□□□□□□□□□□□□ৎ□□□□ □□□□□□ □□□□□—□□□ □□□□ □□□□□□□□□□□□□ (□□□□□□□□□□□□□) □□□ □□□ □□ □□□□□ □□□□□. □□□□□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□ □□□□□□ □□. □□□□□□□□□□□□□□ □□□□□ □□ □□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□ৎ□□□□ □□□□□□□ □□□□□□ □□□ □□□□□.

⚠ □□□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□ □□□ □□□□ □□□□□: □□□□□□□□ □□□□□□□, □□□□□ □□□□□□, □□□□ □□□□□□, □□ □□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□. □□ □□□□□□ □□□□□□ □□□ □□□ □□□ □□□□□ □□□□□ □□□□ □□ □□□□□□□□ □□□ □□□□□□ - □□□□□□□ □□□□□ □□□□ □□□□ □□□ □□□□, □□ □□□ □□□□□□ □□□□□□ □□□ □□ □□□□□□ □□□□□□□ □□□□ □□□□□. □□□□□ □□□□□□□□□□□□□ **(CBC)** □□□□□□□□□□□ □□□ □□□ □□□□□□□ □□□□□. □□□ □□□□□ □□□□□□□□ □□□ □□□ □□ □□□□ □□□, □□□□□□ □□□□□□ □□□ □□□□□ □□□□□□ □□□□□□ □□.

- □□□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□□□ □□□ □□□ □□ 70-80% □□ □□□ □□□□□□□□□ □□□□□□ □□□□□ □□□□□ □□□□.
- Levamisole □□□□□ □□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□ 3-8% □□ □□□ agranulocytosis □□□□□ - □□□□□□ □□□□ □□□□□□□□□□.
- , □□□ □□□□□ৎներ□ □□□□□□ □□ □□□ 1-3 □□ □□□ □□□□ □□□□□□. □□□ □□□□□ □□□□□□□□□ □□□ □□□□□ □□□ □□□□□ □□.
- □□□□□□□: □□□□□□ □□□□□□ □□□□ □□□ □□□□□, □□ □□□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□. , □□□□□□□□□ 2-3 □□□ □□□ □□□□□□ □□. □□□□ □□□□□□□□□□ □□□□□ □□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□ (G-CSF) □□□ □□□.
- □□□□□□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□. □□□□, □□□□□□ □□□ □□ □□□□ □□□□□□□□ □□□□□□□□□ □□□□□. □□□□□ □□□□□□□□ □□□□□□ □□ □□□□ □□□□□□ □□ □□□□□ □□ □□□ □□□□□ □□ □□□ □□□□□ □□□□ □□□□□□ □□□□ □□□□□□□.

[illegible].

THE CENTURION - [illegible], [illegible].

[illegible]: [illegible] (DAT), [illegible] (SERT) [illegible] (NET) [illegible]. [illegible], [illegible]. [illegible]—[illegible]. [illegible], [illegible], [illegible] synaptic [illegible], [illegible].

[illegible] - [illegible]: [illegible] ([illegible]), [illegible] ([illegible]), [illegible] (). [illegible]. [illegible], [illegible].

[illegible].

[illegible]ملظ	[illegible]?	, [illegible], [illegible].
[illegible] (DAT [illegible]).	[illegible] - [illegible], [illegible] 3-5 [illegible]. [illegible]. D2 , [illegible].	D2 ceptor [illegible]stinance [illegible] BDNF [illegible]. [illegible] (tyrosine). [illegible], [illegible]. [illegible] D2 [illegible]— [illegible]ceptor- [illegible]emporarily [illegible]. [illegible]. [illegible].
[illegible] (SERT [illegible]).	[illegible] - [illegible], [illegible]. [illegible].	[illegible] 5-HTP [illegible] 5-MTHF [illegible]. [illegible], [illegible] (meth) [illegible]—[illegible] meth [illegible], [illegible]. [illegible], [illegible]. [illegible], [illegible].
(NET [illegible]).	[illegible] - [illegible], [illegible], [illegible].	HPA [illegible]. [illegible], [illegible]. [illegible]

	□□□□□ □□ □□□ □□□□ □□□□□□□ □ □□□ □□□□: □□□□ □□□□□ □□□□□□□□, □□□□□ □□□□□, □□ □□□□□□□ □□□□□□□□ □□□□□□□.	□□□□□□ □□□□ □□□□□□ □□□ □□□□□ □□□□ □□□□ □□. (die □□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□ □□□□) □□□□□□□□□□□□ □□□□□□ □□.
□□□□□ □□□□□□□□□□ (□□□□□□□ □□□□□ □□□□□ □□□□□).	□□□ □□□□□□□□□□□ □□□□□ □□ □□□□, □□ □□□□□ □□□ □□□□□ □□□ □□□ □□□□□□□□. □□ □□□□□□ □□□□ □□□ □□□□□□□ □□□□□ □□□□. □□□□□□□□ □□□□□ □□□□□ □□□□□ □□, □□□□□□ □□□□□ □□□ □□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□. □□□□□ □□□□□ □□□□□ □□□□□□ □□□□□□□ □□□ □□□□□□□□□ □□□□□□□.	□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□, □□□□□□□ □□□□□ □□□□□ □□□□□ □□□□□□□ □□ □□□□□□□□□□□□ □□□ □□□□□□□□□□□□. □□□□□ □□□□□ □□□□□ □□□□□□□ □□□ □□□□□□□□□ □□□□□□ □□□□□□□□. □□□□□ □□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□, □□□□ □□□□□ □□□□□ □□. □□□□, □□□□□□□□□□□□ □□□□ □□□□ □□ □□□□□□, ENT (ENT specialist) □□□□ □□□□□□ □□□□□□□□□□.

□□□□□□- □□□□□□□□□□ - □□□□□□ □□□□ □□□□□ □□□?

THE CENTURION - □□□□ □□□□□□□, □□ □□□□□□□□□□ □□□ □□ □□□□□□□ □□□□□□□□ □□□ □□□□□□.

□□□□□□ □□ □□□□□□□□ □□□□ □□□ □□□□ □□□□□□□□ 45-90 □□□ □□. □□□ □□□□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□ □□□□ □□□□□□ □□□□□□□□□, □□□□□□□□□ □□□ □□□□ □□□□. □□□□□□□□□□□□□ (□□□□ □□□ □□□□: □□□ 10-12) □□□□, □□□□□□□□□□ □□□□□□□□□□ □□ □□□, □□□□□□ □□ □□□□□□ □□□□□□□□ 15-30 □□□□□ □□□□□□□ □□□□□ □□□, □□□□□□□ □□□□□□ □□□□ □□□ □□□ □□.

□□□□□□□□□□□□□: □□□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□, □□□□□ □□□□□□□□ 45 □□ □□□□ □□□, D2 □□□□ □□□□ □□□□ □□□□ □□□□□ □□□ □□□□□□□□ □□□ □□, □□□□□□□ □□□□□□□ □□□□□□ □□□ □□□□. □□□□□□□ □□□□□□□, □□□□ □□□□□□□□□ □□□ □□□□□ □□□□ □□□, □□ □□□ □□□□□ □□□□□□□□□ □□□□ □. □□□□□□□□ □□□□□, □□□□□□□□□□ □□□□□□ □□□□ □□□ □□□□□ □□□□□□□□□ □□□□ □□. □□□□ □□□□□, □□□□□ □□□□□ □□□□□□□□ □□□ □□□□□□ □□□□□ □□□ □□□□□□□□ □□□, □□□□ □□□□□□ □□□ □□□□□□□□□ □.

□□□□ □□□ □□□□ □□□□□□□□ □□□□□□□ □□□□ □□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ - □□□□□□□□□ □□□□□□□ □□□ □□□□□□□ □□□□□□ □□ □□. □□□ □□□□□ □□ □□□□□ □□□□□□ □□□□□□□ □□□□ □□□, '□□□ □□ □□□□□' □□□□□□□□□ □□□□□□□ □□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□ □□□□□□□□ □□□□□□□. □□□ □□□□□□□□□□□□□□□□, □□□□□□□ □□□ □□□□□□□□ □□□□ □□□□ □□□□ □□□□□□ □□□□.

□□□□□□ □□□□ - □□□□ □□ □□□□□ □□□□□□□□.

□□□□□□□□□.	□□□□□□□	□غاز / □□□□□□□□□	□□□□□□□□□□ □□□□ □□□□□□□ □□□□□.
□□□□□□□ (□□□□□□□□).	□□□ □□□□ □□□□□ □□□□□	3-5 □□□□□□□ □□□□□□ □□□/	□□□□□□□ □□□□ □□□□□ □□□□□. □□□ □□□□□□ □□□□□□□ □□□□□□, □□□ □□□□ □□□□□ □□□□□,

	(□□□□ □□□□□).	20-30 □□□□ phút.	□□□□ □□□□□ □□□, □□□□ □□□□□□□. □□□□ □□□□□□ □□□□□□ □□□ □□□ ENT (ENT evaluation) □□□□□□□□ □□□□□ □□□□□ □□. □□□□□□□□□□□ □□□□ □□□□□ □□□□ □□□□ □□□□□ □□□□□□ □□□□ □□ □□□□ □□□□□□ □□□□□. "□□□□□□□□□ □□□" □□□ □□□□□□□, □□□□□□ □□□□□□ □□□□□□, □□□□□ □□□□□□ □□□□□□ □□ □□ - □□□□ □□□ □□□□□□□ □□ □□□□ □□□□□□□□□ □□□ □□□□.
□□□□□□ /	□□□□□□□ (□□□□□□).	8-10 □□□□□ □□□ □□□ / 10-15 □□□□□□□□.	□□ □□□□□□ □□□□□ □□□□□□□ - □□□ □□□□ □□□□ □□□□□ □□□□ □□□□□, □□□□□□ □□□□ □□□□□□□□□□□□ □□ □□□□□ □□□□□□□□ □□□□□ □□□□□□ □□□□ □□□ □□□□□. □□□□□□□□□□ □□□□□: ' □□□□□□□ □□□' (□□□□□□□ □□□□□□□□□□ □□ □□□□□), □□□□□□□□□ □□□□□, □□□□□ □□□□□□□ □□□□. □□□ □□□□ □□□□□□ □□□□□□□□□□ □□□ (10-15 □□□□□□□□) □□□□, □□□□□□ □□□□□□□ □□□□ □□□ □□□□□□. □□□□□□ □□□□□□□ □□□□□□ □□ □□□□□□ □□□□□□ □□□□□ □□ □□□, □□ □□□□□□□ □□□□□□□ □□□□□□□ □□□ □□□□.
□□□□□□□	□□□ □□□□□ □□□ □□□.	□□□ □□□□□□ / 10-20 □□□□□□.	□□□□□ □□□□□□□□□□□□□ - □□□□□□□ □□□□□ □□□□□ □□□□ wenigen □□□□ □□□□□ sich. □□□□□□□□□□□□ □□□□□□□□□ □□ □□. IV □□□□□□□□□ □□□□□ □□□□□□□□: □□□□□ □□□ □□ □□□□, □□□□□□□□□□□□□□□□□□□, HIV/□epatitis C , □□□□□ □□□□□□□□ □□□□□. □□□□□ □□□ □□□□ □□□□□□□ □□ □□□□□ □□□□□ □□□□□□□ □□□□□, □□□□□□□□ □□□□□□ □□□□□□ □□□□ □□□□□□ □□□□□□ □□□□□ .
□□□□□□□	□□□□/□ندان □□□□□□□ ().	30-45 □□□□ phút □□□□□ □□□ / 60+ □□□□ phút.	□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□ (□□□□ □□□ □□□□). □□□□□□□ □□□ □□□□□□□□ □□□ □□□□□ □□□□□□ □□□□□□□□□□□□□ □□ □□□□□□□□□ □□□□□ □□□□□□□□□. □□□□□□ □□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□, □□□ □□ □□□□□□ □ □□□□□□□□□□□□ □□□ □□□□□□□□□□□□□ □□□ □□□□□ □□ □□□□□ □□ □□□□□ □□□□ □□□□.
Cocaine + □□□□□□□ → Cocaethylene	□□□□□δήποτε □□□□□□□□□ + □□□□□ □□□□□	□□□□□□ □□□□ □□□□ - □□□□□□□ □□□□□ □□□□□ □□□ □□□ □□□□□ □□□□ □□□ □□□□□.	□□□ □□□□□□□ □□□□ □□□□□□□□□□□ (cocaethylene) □□ □□□□□□□□ □□□□□□□□ □□. □□□□□ □□□□□□ □□□□□□□□□□ □□ □□□, □□□□□ □□□□□ □□□□ □□□□□□□□ □□□□□□□□□ □□, □□□□□ □□□ □□□□□□□□□ □□□□ □□□ □ □□□□ □□□□□□ □□ □□. □□□ □□féle □□□ □□□□□□□□ □□□□ □□□□□ □□□, □□□□□ □□□ □□□□□□, □□□ □□□□□ □□□□□□□□ □□□□□□□□ □□□□□. □□□□□□□ □□□□□□□□□□□□□□ □□□□□, □□□□□□ □□□□□□□□□ □□□□□□ □□□ □□□□ □□□□□□□□□ □ □□□□□□□ □□ □□.

[illegible] [illegible] [illegible] [illegible] [illegible] - "[illegible] [illegible]" [illegible].

THE CENTURION - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] " [illegible] [illegible] [illegible] [illegible]" [illegible] Warrior COMT [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] COMT (Val/Val) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] - [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□ 2 - □□□□□□ □□□□□□□□□□□□.

□□□□□□ □□□□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□ □□ □□□□□ □□□□□ □□□□. □□□□□□□□ □□□□□□□□□□ □□□□□□□□, "Warrior COMT (Val/Val) □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□ □□□□□ □□□□□□ □□□□□□□□." □□□ □□□□□□□□ □□□□□□ □□□□, □□□□□□□ □□□□□ □□□, □□□□ □□ □ □□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□.

□□□□□□ □□□□□□□□□□ □□□□□ □□□□ □□ **DNA** □□□□□□□ □□□□□□□.

□□□□	□□ □□□□□ □□□□□ □□□□□?	□□□□□□□.	□□□□□□ □□□□□□□□□□ □□□ □□□□ □□ □□□□□□□.
COMT	□□□□□□□□□, □□□□□□□□□□□□□ □□ □□□□□□□□□□ □□□□□□□ □□□□ - □□□□□ □□□□□□□□□ □□□.	Val158Met (rs4680) — Val/Val (Warrior) □□□□□□ □□□□□□.	□□□□□□ □□□□□□□ □□□ - □□□□□□□ □□ □□□□□□□□□ □□□□□ □□□□. Val/Val (□□□□□□□□□) □□□□□□ COMT: □□□□□ □□□□□□, □□□□□□□□ □□□□□□□□ □□□□ □□ → □□□□□, □□□ □□□□□□□□ □□□□ □□□□□ □□□□□□□ → □□□□□ □□□□□□□□ □□□□ □□□ □□□□, □□ □□□□ □□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□ □□□□□. Val/Val □□□□□□□□: □□□□□□□□ □□□□□□□□□□□□ □□ □□□□ □□□ □□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□ □□□□□□□ □□□□. □□□□, □□□□□□□ □□□□□□ □□□ □□□□ □□□ □□□□□□□ □□□□□□□□□ □□□□□□□□ □□. □□ □□ □□□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□ □□□□□ □□□. □□□ □□□ □□□□□ □□□□□□ □□□□□□□□ □□□□□.
DAT1 / SLC6A3	□□□□□□□□□□ - □□□□□□□ □□□□□□□.	10-repeat VNTR allele (rs28363170)	□□□□□□□□□□ □□□ □□□□□□ □□□□□□ □□□ □□□□□□□□. DAT1 □□□□□□□□ □□□□□ DAT □□□□□□□□□□□□□□□ □□□□□□ □□□□□□. □□□□ DAT □□□ □□□□□□□□□□ (10-repeat allele) □□□, □□□□□□□ □□□□□□□ □□□□ □□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□□ □□□□□ □□□□ □□□ □□□□□□□□□□, □□□ DAT □□□ □□□□□□□□□□□ □□□. □□□ ADHD □□□□ □ □□□□ □□ - DAT1 10-repeat allele ADHD □□□ □□□□□□□ □□ □□, □□ □□□□□□ □□□ ADHD □□ □□□□□-□□□ □□□ □□□□.
DRD2 / ANKK1	□□□□□□□ D2 ceptor - □□□□□□ □□□□ □□□□□ □□□□□□□ □□□□□□.	Taq1A (rs1800497) - A1 allele.	A1 allele (D2 ceptor □□□ □□□□□) □□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□ □□□ □□ - □□ □□□□ "□□□□□ □□□□" □□□□□ □□□□□□□□□. Val/Val COMT (□□□□□□ □□□□□□□) □□ D2 □□□ □□□ □□ □□□□□ □□□□□□□ □□□, □□□□□□ □□□ □□□□ □□□□□□□ □□□□ □□□□□□□ □□□□□□ □□□□□□□□□ □□□ □□□ □□□□□□.

			□□□□□□ □□□□□□ □□□, □□□□□□□ □□□□□□□□ □□□□ □□□□□ □□ - □□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□ □□ □□□-□□□□□ □□□□□□□□ □□□□□□□□□ □□□□.
SLC6A4 / 5-HTTLPR	□□□□□□□□ - □□□□□□ cocaine □□□□ □□ □□□□.	□□□□/□□□□, □□□□/□□□□, □□ □□□□□□.	Cocaine, SERT (serotonin transporter) □□□□□ □□□□. SLC6A4 □□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□, □□ □□□□ cocaine □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□. □□□□/□□□□ □□□□ (□□□ SERT) □□□□ □□□□□□□□□□ cocaine □□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□—□□□□□□ □□□□□□, □□□□□□□□□□□□ □□ □□□□□□□□□ □□□□□□□. □□□□□□□ □□□□□□□□□ □□□□□□□□□□□, dopamine □□□□□□□□□ □□□□□□□□□□ □□□□□ □□□ □□□□□□ □□.
MTHFR	□□□□□□□□□□ - □□□□□□□□□ □□□□□□□□□ □□□□ □□ □□□□.	C677T (rs1801133), A1298C (rs1801131)	MTHFR □□□□□□ □□□□ □□□□□□□□□ □□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□ □□ - □□□ □□□□□□□□ □□□□□□ □□□□ □□ DAT1/COMT/DRD2 □□ □□□ kekurangan □□□□ □□□□. 5-MTHF □□□□ □□□ MTHFR □□□□□□ □□□ □□□□□□□□□ □□□□ □□□□□□□ □□□□ □□□□ □□□ □□ □□□, □□ □□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□ □□□ □□□□. □□□□ □□□□□□□□ □□□□□□ □□□□ □□□□□, □□□□□□□□ □□□□□□ □□□□ □□□ □□□□□□□□ □□□ kekurangan □□□□ □□□□□□ □□□□ □□□ □□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□.
DRD4	□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□, □□□ □□□□□□ □□□□□□□.	7-repeat allele (rs1800955)	DRD4 7-repeat □□□□□□□ □□□□□□□□□ □□□□□, □□□□□□□□, □□□□□□□ □□□□□□ □□ □□□□. □□□ □□□□□ □□□□□ □□□□ □□□ □□□□□□ □□□□□ □□□□□ □□ ADHD □□ □□□□□□ □□□□□. DRD4 7-repeat □□ Val/Val COMT □□ DRD2 A1 □□□ □□□□□□□□□, "Warrior" □□□□□□□□□ □□ □□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□. □□□□□□□□□ □□□□ □□□□□□□□, □□□□□□, □□□□□□□ □□ □□□□ □□□, □□ Organizing boredom □□□□□□□ □□□□□□.
CYP3A4	□□□□□□ □□□□□□□ □□□□□□□ □□□□ □□.	□□□□□□□□ □□□□ □□□□□ (□□□□□□□□□□) □□ □□□ □□□□□ (□□□□□□□□□□□□) .	CYP3A4 □□□□□ □□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□. CYP3A4 □□□□□□□□□□ (□□□□□□□□□□□□, , □□□□□□□□□) □□□□□□□□ □□□□□ □□□□□□□□ □□□□ □□□ □□□□ □□□□ □□□□□ □□□ □□□□□□ □□□□□□□□□□ □□ □□□□□. CYP3A4 □□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□. □□□, □□□□□□ □□□□ □□□□□ □□□: □□□□□□ □□

			[illegible]—[illegible].
BDNF	[illegible] - [illegible].	Val66Met (rs6265)	[illegible], [illegible] frontal [illegible] pus [illegible] BDNF [illegible]. Met [illegible] BDNF [illegible], [illegible] BDNF [illegible]. Met [illegible], [illegible] BDNF [illegible].

[illegible].

[illegible], [illegible], [illegible] "Warrior" [illegible]:

- [illegible], [illegible], [illegible]? [illegible] "[illegible]" [illegible]? → [illegible] "Strong Warrior COMT (Val/Val)" [illegible]. "[illegible]" [illegible], [illegible], [illegible].
- [illegible]: [illegible]— [illegible], [illegible], [illegible]—[illegible]? → [illegible]. SLC6A4 [illegible].
- [illegible], [illegible]? → DAT1 10-repeat + DRD2 A1 [illegible] - [illegible] cocaine [illegible].
- [illegible] ADHD [illegible]? → DAT1 10-repeat + DRD4 7-repeat [illegible]. DAT [illegible], [illegible]. [illegible] ADHD [illegible]-[illegible].
- [illegible], [illegible] — [illegible], [illegible]. → [illegible] Val/Val COMT [illegible]. [illegible], [illegible]. [illegible]. [illegible]. [illegible].

□□□□ 3 - □□□□□□ □□□□□□□□

THE CENTURION - □□□□ □□□□□ □□□□□□□□ □□□□□ □□ □□□ □□□ □□□□□□□.

□□□□□□ □□□□ □□□□□□□□, □□□□□□□ □□ □□□□□□□□□□□□□ □□□□ □□□□□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□□□. □□ □□□□□□ □□□□□□□□□ □□□□□ □□□ □□□ □□□□□□□ □□□ □□□□. □□□□□ □□ □□□□□: □□□ □□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□□□□□ □□□□ □□ □□□ □□□□, □□□□□□ □□□□□□□ □□□□□□□ □□□ □□□□.

□□□□□□□ □□ □□□□□□□□□ □□□□□□□ □□□□ □□□ □□□□: □□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□. □□□□□□ □□□ □□ □□□□□ □□□□□□ □□□□ □□□□□□ □□□□□□ □□□. □□□□□□□ □□□□□□□□ □□□□ □□ □□□□□□□□□ 60-80 BPM, □□□□□□□□, □□□□□□□ □□□□□ □□□□ □□□□□□□□ □□□□ - □□□□□□□ □□□□□, □□□ □□ □□□□□□□□□ □□□□ □□□□□□□ □□□□□□□□ □□□ □□□□□□ □□□□□□□□□□ □□□, □□□□ □□□□□□□□□□ □□□ □□□□□.

□□□□□□ □□□□□□ □□□□□□□□□□□□□, □□□□□□□ □□□□□□ □□ □□□□□□□□□□ □□□□. □□□□□ □□ □□□□□□ □□□□□□ □□□ □□□□ □□□ □□□□□. □□ □□□□□□ □□□□□□□□, □□□□□□ □□□□□□ □□□□□ □□□□□□□□ □□ πραγμαϊκαϊ □□□□□□□-□□□ □□□□□□□□□□□ □□□□ □□.

□□□□ □□□□□□ □□□□□□□□.

□□□□□	□□□□□□□	□□□ □□□□□□□ □□□□□□ (□□□□□□: □□□□□ □□□□□□, □□□□□□□□). □□□□□ □□□□□□□ □□□□□□ (□□□□□□: □□□□□, □□□□ □□□□□ □□□□□ □□□). □□□□□□. □□□□□□□. □□□□□□□□□. □□□□□□ □□□□□□. □□□□□□□□□□. □□□□□□□□□. □□□□□□□ □□□□. □□□□□□□□.	□□□□□□ □□□□□ □□□□□□□?
□ Unfall□□□□ □□□□ □□□ 0-24.	□□□□□□□□, □□□□□□□□□□□ □□ □□□□□ □□□□ □□ □□; D2 ceptor □□□ □□ □□; □□□□□□□□□□□ □□□□□□□ □□□□ □□ □□; HPA □□□□□□ □□□□ □□ □□.	□□□□□ □□□□□ □□ □□□□ □□□□, □□□□ □□□□□□ □□□□□ □□ □□□□□□□, □□□□□ □□□□□□□□ □□□□□ (□□ □□□□□□□□□□□□□ □□□□), □□□□□□□□ □□□ □□□□□ □□□, □□□ □□□□□□□□ □□□ □□□□□ □□□□□.	□□□□□. □□□□. □□□□□□. 01 □□□□□. □□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□ □□□□ □□□— □□ □□□ □□□□□□ □□□□□□□ □□□□□□□□. □□□ □□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□, □□ □□□□ □□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□. □□ □□□ □□□□□.
The Honeymoon	□□□□□□ □□□□□ □□□□□□□□□ ; □□□□ D2 ceptor□□	□Unfall□□□□ □□□□ □□□□□ □□□□□□□	□□□□□□□□ □□□□ □□□□□□□ □□□ □□□□□□ □□□. □□□ بهبود جزئي□

([illegible] 1–3)	[illegible]; HPA [illegible] جزئي[illegible]; [illegible].	[illegible]; [illegible]; [illegible]; [illegible] - [illegible] "[illegible]" [illegible].	[illegible], [illegible]. [illegible], [illegible] cường độ [illegible]. [illegible], [illegible], [illegible], [illegible].
[illegible] (3-28 [illegible]).	DRD2 [illegible], [illegible]; [illegible], [illegible]; BDNF [illegible]; [illegible].	[illegible] - [illegible] lezure [illegible]; [illegible]; [illegible]; [illegible]; [illegible]; [illegible]; [illegible].	[illegible]. [illegible]; [illegible]; '[illegible], [illegible]' [illegible]logic [illegible]. [illegible] (Protocol 05) [illegible]. [illegible]. [illegible] - BDNF [illegible]. [illegible].
[illegible] (1-3 [illegible]).	D2 [illegible]; BDNF [illegible]; [illegible]; [illegible]; HPA [illegible].	[illegible]; [illegible]; [illegible]; PAWS (Post-Acute Withdrawal Syndrome) [illegible]; [illegible], [illegible].	[illegible] PAWS [illegible], [illegible] ([illegible]) [illegible]. [illegible] تقد[illegible]. D2 ceptor [illegible], [illegible].
[illegible] (3-12 [illegible]).	D2 [illegible]; [illegible]; [illegible] BDNF [illegible]; [illegible].	[illegible]; [illegible]; [illegible]; [illegible]; [illegible].	[illegible] ([illegible] 6) [illegible]. "[illegible]" [illegible] - [illegible] - [illegible]. [illegible] C-28 [illegible]: "[illegible]" "[illegible]" [illegible] " [illegible].

PAWS [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

⚠ [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible]. [illegible] "[illegible]-[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□ □□ 4 — □□□□□□□□□□□□□□

□□□□□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□, □□□□□ □□□□□□□□□□□□□□□ □□ □□□□□□: □□□□□□□□ (□□ □□□□□□□□□□), □□□□□□□□□□□□ (□□□□□□□ □□□□□□□□ □□ □□□□□□□ □□□□□□□□□□□□□), □□ □□□□□□□□□□□□□□□□□□ (□□□□□□□ □□ □□□□□□□). □□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□, □□□□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□ □□ □□□□□□. □□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□ □□. □□□□□□□□ □□□□□□□□ (□□□□, □□□□, □□□□□□) □□□□□□ □□ □□□□□□□, □□□□□□□□□□□□□□□□ □□□□ □□□□□ □□.

4.1 - □□□□□□□□□□ □□□□□

□□□□□ □□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□, MTHFR □□□□□□□□□ □□□□□□□□□□methylation □□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□ □□. □□□□□ □□□□ methyl □□□□□□ folate □□ B12 □□□□□□□□, dopamine, serotonin, □□ norepinephrine □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□, □□□□ □□□□□□ □□□□□□ □□□□ □□□□□.

□□□□ □□□□□□□	□□□□□	□□□□□□	□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□ □□□□□□: * □□□□□□□□□□□ □□□□□□□ □□□□□□. * □□□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□. * □□□□□□ □□□□ □□□□□□. * □□□□□□□□□ □□□□□□ □□□□. * □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□. * □□□□□, □□□ **Recovery Kernel, Naloxone, COMT, DRD2, MTHFR, Blueprint, findahelpline.com** □□□□□ □□ □□□□□□ □□□□□□ □□□□ □□□□□□.
5-MTHF (L-methylfolate)	400-1000 mcg □□□□□□□.	□□□□□□ □□□□□ □□□□.	□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□□□□□□ □□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□. 5-MTHF □□□□□ □□□□□ □□ □□□□□□□□□ □□□□□□□□ □□ □□□□, □□ □□□□□ □□□□ □□□□□□ □□□□□ □□□□□□ □□□□□□ □□□□□, 5-MTHF □□□□□□ □□□□□□□□□□□□□□□□□ □□□□ □□□□□□□ □□□□ □□□□□□. □□□□□□□□□□ MTHFR □□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□, □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□ □□□□□ □□□□, □□□□□□ □□□□□□□□□□□□ 5-MTHF □□□□□□□□

			□□□ □□□□. 400mcg □ □□□ □□□ □□□□□ □□, □□□□□□□□□□□ □□□□□.
□□□□□□□□□□□□□□□□ (B12)	1000–2000 mcg	□□□ □□□□□□□, □□□□□□ □□□□.	5-MTHF □□□□□□□□□□ □□□□□□ □□□□. □□□□□□ □□□□□□ □□ □ □□ □□□□□□□ □□□□ □□□□ (□□□□□□□ □□□□□, □□□□□□□ □□□□□□ □□□□□□, □□□□ □ kekurangan) □□□□□□□□ B12 □□ □□□□□ □□□ □□□ □□□. □□□□□□□ □□□ □□□□ □□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□ □□□ □□ □□□, B12 □□□□□□□□ □□□□□□□□□ □□□□□ □□ □□□□□□ □□□□□□□□□□ □□ □□□□□ □□□□ □□□ □□ □□□□□.
P5P (B6)	25–50mg	□□□ □□□□□□□.	□□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□ □□ □□□□□□□□□□□□ □□□□□□□□□□ □□□□□ (DOPA decarboxylase, aromatic amino acid decarboxylase, dopamine beta-hydroxylase). □□□□□□ □□□□□□□□□ □□□□□ □□□□ ้อ □□□□, P5P □□ □□□ □□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□ □□□ □□. □□□□□ □□□□□□□□□□-5-□□□□□□□ □□□□□□□ □□□□□□ □□□□□.
□□□□□□□□□□□ □□□□□□□□□□□.	400-600mg □□□□□ □□□□□□□□.	□□□□□ □□ □□□	□□□□□□ □□□□□□ □□□□ □□□□□□□□□ □□□□□□□□ □□□ □□ - □□ □□□□□□ □□□□□□□□ □□□□□ □□□□□ □□□□□□ □□□ □□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□ □□. □□□□□□□□□□□ كمبود □□□□ □□□□□ □□□□□□ □□□□□, □□□□□ □□□□□□□, □□□ □□□ □□□□□□□ □□ □□□□□□ □□□□□ □□ □□□□□□ □□□□□ □□□□□□ □□□□ □□□□□□□ □□. □□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□ □□□ □□□ □□□□ □□□ □□□ □□□□□□□□□□ □□□□□□□□ □□□□.
□□□□□ □□□□□□□□ "Zinc" □□ □□□ □□□□□□□□□□ □□□□□□□. □□ □□□□ □□□□□□ □□.	20-30mg □□□□□□.	□□□□□□ □□□□ □□□.	□□□□□ □□□□□□□□: □□□□□□□□ □□□□□□□□□□ □□ □□□□□□□□□ □□□□□□□ □□□ □□□□□□□□ □□ □□□□□□, □□□□□□ □□□ □□□□□□ □□. □□□□□□ □□□□□□□□□ □□ □ □□ □□□□□□□ □□□□□□ □□□□□ □□□□ □□□□□□ □□□□□ □□□ □□□ □□□□□. □□□□□□□□□□□□ □□□□ □ □□□□ □□□□□, □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□□.

4.2 - [illegible]

[illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]	[illegible]	[illegible]	[illegible] [illegible] [illegible] [illegible]: * [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible]. * [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. * [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], **Recovery Kernel** [illegible] **Naloxone** [illegible] [illegible] [illegible]. * **COMT, DRD2, MTHFR** [illegible] [illegible] [illegible] [illegible] [illegible]. * [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], **findahelpline.com** [illegible]. * [illegible] [illegible] [illegible] [illegible]. * [illegible] [illegible] [illegible], **Blueprint** [illegible].
L-[illegible]	500-2000 mg [illegible].	[illegible], [illegible] [illegible].	[illegible] [illegible]cursor. [illegible] tyrosine [illegible] Warrior COMT, cocaine [illegible] [illegible]. 500mg [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] 30[illegible] [illegible] [illegible] 2 [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. L-tyrosine [illegible] [illegible] [illegible] [illegible] [illegible] (L-[illegible], [illegible] [illegible]), NALT (N-acetyl L-tyrosine) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

			□□.
Mucuna pruriens (L-DOPA).	100–300mg L-DOPA □□□□ .	□□□□□, □□□ □□□□.	□□□□□□ □□ L-DOPA - □□□□□□□□□□ □□□ □□□amine □□□ näher □□ □□□□□□□□. □□□□□□□ □□□□□□□□□ "Warrior" □□□□□□□□□□□□ □□□□□ □□□□ Mucuna pruriens □□□ □□□ □□ □□□□□□ □□□□□ □□□□. □□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□ □□□□□□ □□□□ alkaloid-□□□ □ mengandung □□. □□□□ □□□□□□□ Mucuna □□ L-tyrosine □□□□□□□□ □□□□□□ □□□□□□□ - □□□ μία □□□□□□ □□□□□ □□□□□□ □□□□□□ □□□□□. Mucuna □□□□□□□□□□□□□ □□□□□□□□□□ □□□ □□□□□□ □□ □□□□ □□ □□□, □□□□ "Warrior" □□□ □□□□□□□□□□□□□□ □□□ □□□□□□□.
□□□□□□□□ □□□□□□□□□□□ + DHA + CDP-□□□□□□ (□□□□□□□□□□).	UMP 250–500mg + DHA 1g + CDP-Choline 250mg	□□□ □□□□□!	D1/D2 □□ □□□□□□□□□□ □□□□ □□□□□. □□□□□□ nélkül □□□□□ □□□□ □□□□□□□□□□ □□□□ □□□□□□ □□□□□ □□□ □□ □□□□□. □□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□ D2 □□□ □□□□□ □□□ □□□□□□ □□□□□□□□□. "Brain Stack" □□□□□ □□□ □□□□□ □□□□□□ □□□□□ □□□□□□□□ □□□, □□□/□□□ □□□□□ □□□□□□ □□□□□□ slow, structural improvement (□□□□□□ □□□□□□□).
NAC (N-Acetyl Cysteine)	□□□□□ 600-1800mg □□□ □□ □□□, □□ □□□□ □□□ □□ □□□□□.	□□ □□□□□□ □□□□ □□□.	□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□ □□□ □□□□□ □□□ □□□□ - □□□□□□□ □□□□□□□□ □□□□□ □□□□□□ □□□□□□□ □□ □□□□□□□□-□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□ □□□□□. □□□□□□□ □□□□□ □□□□ □□□□□ □□□□□ □□□ □□□□□ NAC □□□□□ □□□□ □□□□ □□□□ □□□□□□□□ □□□□□□ □□□□ □□ □□. □□□ □□□□□□□□ □□□□□□□ □□□□ □□ □□□□□ □□□□□□□□□□ □□□□□□□. □□□□□□□ □□□□□ □□□□□□□□ □□□□ □□□□ □□□□□ □□□□□.
Rhodiola rosea	300-600mg □□□□.	□□□ □□□□□□□.	□□□□□□□ □□ □□□□□□□□□ □□□□□ □□□□□; □□□□□□□□□; □□□□□□□□□ □□□ □□□□□□□. □□□□□□□□□ □□ 2-8 □□□□□□□ □□□ □□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□ □□□□□□□□□□□□ □□□ □□□□□□, □□□□□□□ □□□□□ □□□□□□□□□ □□□□ □□□. □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□ □□ □□□□□□□,

			[illegible], [illegible].

4.3 - [illegible]

THE CENTURION - [illegible].

[illegible], [illegible]. [illegible] SERT [illegible], [illegible], [illegible]. [illegible].

[illegible]	[illegible]	[illegible]	[illegible]: * [illegible]. * [illegible]. * [illegible]. * [illegible], [illegible]. * **Recovery Kernel, Naloxone, COMT, DRD2, MTHFR, Blueprint, findahelpline.com**
5-HTP	50–150mg	[illegible], [illegible] 30 [illegible].	[illegible]cursor - [illegible]. [illegible], [illegible]. [illegible] - [illegible] 5-HTP [illegible] 2-4 [illegible]. SSRI [illegible], [illegible] nélkül.
L-	500–2000mg	[illegible].	5-HTP [illegible] - [illegible], [illegible]. [illegible] 5-HTP [illegible] merasakan [illegible]. [illegible], [illegible].

□□□□□□□□□□.	4-12g □□□□□□□ (□□□□ □□□□).	□□□□ □□□ □□□□ □□□□.	□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□. □□□□, □□ □□□□ □□□□□□□□ □□ OCD (Obsessive-Compulsive Disorder) □□□□□ □□□□ □□□□—□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□ □□□□□□ □□□□□□□ □□□□. □□□□□□ □□□ □□□ □□□□ □□□□□ □□□□□ □□□□□□□□ □□ , □□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□ □□□□□□ □□□ □□.
□□□□□-3 EPA □□.	2-4g □□□□□□ (EPA > DHA).	□□□□ □□□, □□□□□□.	EPA □□□□□-3, □□□□□□ □□□□□□□ □□ □□□□$_2$□□□ □□□□ □□□□□□ □□□□□□□□□□□ □□□□□□ □□□ □□□□ - □□ □□□□□□ □□□□ □□□□□□□□ □□□□□ □□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□ □□□□. DHA, □□□□□□□□□□ □□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□ □□□□. □□□□□□ □□□□□□□ □□□□ EPA:DHA □□□□□□□ □□□□□□ □□: 2:1 □□ 3:1 □□ EPA:DHA □□□□□□□□, □□□□□ □□□□□ □□□□ □□□□□□ □□ □□□□□□ □□□□□□□ □□□□ □□□□.

4.4 - ADHD □□□□□□□

THE CENTURION - □□□□□□ □□□□□□ □□□□ □□□□□ □□□□□ □□□□ □□ □□□□□□ □□□□ □□□□□, □□ □□□□□□□ □□□□□□□ □□□□.

Cocaine □□□ □□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□ □□□ □□ methylphenidate (Ritalin) □□□ □□□□ □□□□□□□ □□□□□ □□. cocaine □□□□ □□□□□ □□□□, ADHD □□□□□□ □□□□□□□□□□ □□□ □□□□□ □□□□□, ADHD □□□□□□□□□□ □□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□□□ □□ □□□□□□ □□□□ □□□□□□ □□□□□□□. □□□ □□□□□ □□□□□□ cocaine □□□ ADHD □□□□□□ □□□□ □□□□□-□□□□□□ □□ □□. □□□□ □□□ ADHD □□□□□□□□ □□□□□ □□□□□ □□□ □□ cocaine □□□□□□□□□ □□□ □□□□□ □□□□, "□□ cocaine □□□□□□ □□□ □□□ □□□□□□ □□□□ □□□□□□□□" □□□□□□□ □□□□□□ psychiatric □□□□ □□□□ □□□□□□ □□□□□□□.

DAT1 10-repeat □□ DRD4 7-repeat - □□ □□□□□ □□□□□□ □□□□□□ □□□□ □□□ □□□□□□ □□□□□□□ □□ □□□ - ADHD □□□□ □□□ □□□□□□□□ □□□ □□□□□ □□□□□ □ □□. □□□ □□□□□□□□□□ □□ □□□□□ □□□□.

□□□□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□ □□□□□, □□ □□ □□□□□□ □□□□□□□□□□□□□□ □□□□ □□□□□□ □□□□□□ □□□ - □□□□□ □□ □□ □□□□□□ □□□ □□□□□□, □□□□□□□□ □□ □□□□□□□□ □□□ □□□□□□ □□□□□□ □□□□ □□□□□□□□□□ □□□□□ □□□□□ □□□ - ADHD (Attention-Deficit/Hyperactivity Disorder) □□□□□ □□□□□□□□□□ □□□□□□ □□□ □□□□□□ □□□□□□ □□□□□□. □□□□□□□□□□□□□□□ □□□□□□ □□□ □□□□□□□ □□□□□□□□ □□□□□□□, non-stimulant ADHD (Strattera/atomoxetine, Wellbutrin/bupropion, Intuniv/guanfacine) □□□ □□□□□□□□□□□ ADHD □□□□□ □□□ □□□□□□□ □□□ □□□□□. □□□□□□ □□□□□□ □□□ □□□□□□□ □□□□□.

4.5 - [illegible] - [illegible], [illegible].

THE CENTURION - [illegible].

[illegible] ([illegible]): [illegible], [illegible], [illegible], [illegible]. [illegible] ENT (ENT evaluation) [illegible]. [illegible] (NeilMed [illegible] neti pot) [illegible]. [illegible] C [illegible], [illegible]. [illegible]; [illegible], [illegible] ([illegible]), [illegible].

[illegible]: [illegible]: [illegible] (arrhythmia) [illegible] ECG; [illegible]; [illegible]δήποτε [illegible] echocardiogram [illegible]. [illegible] (cocaine cardiomyopathy) [illegible], [illegible] sympathetic [illegible]. [illegible], [illegible] cardiology [illegible].

[illegible]: IV [illegible]: HIV, [illegible] C, [illegible] B [illegible]. [illegible], [illegible], [illegible]. [illegible], [illegible] (STI) [illegible].

Levamisole [illegible]: [illegible] (CBC) [illegible]. [illegible] ([illegible], [illegible], [illegible] susceptibility) [illegible] - [illegible]. [illegible] 1 [illegible] 3 [illegible] CBC [illegible].

4.6 - [illegible]

[illegible]: [illegible], [illegible] ([illegible]), [illegible] "" [illegible] ([illegible]). [illegible] "" [illegible], [illegible].

- [illegible]: 0.5–1mg , [illegible] 30-60[illegible]. [illegible]. [illegible].
- [illegible]: [illegible] 400mg [illegible]. [illegible] kedua [illegible].

- □□□□□□□□□□□: 3-5g, □□□□ □□□□□□□ □□□□□□□□□ 30 □ □□□□ □□□□. □□□□□□□ □□□□□□□□□ □□□□ □□□□□□ □□ NMDA □□□□□□□□ □□□□□□□□□□□□□□□□, □□□□ □□□□ □□□□□□ □□□□□□□ □□.
- 5-HTP: □□□□□□□□ 50-100mg. □□□□□□□□□□□□□□□, □□□□□□ □□□□□□ □□□□□ □□ REM □□□□□□□ □□□□□□□.
- □árt □□□□□ □□□□□: □□□□□□ 480mg, □□□□□□□□ □□□□□. □□□□□□□□□□ □□□□□□□□□□; -□□□□□□□□□□□□□□□□.
- L-Theanine: □□□□□□ 200mg, □□□□□□□□ □□□□□. □□□□, □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□ □□□□□, □□□□□□□ □□□□□ □□□□□□□ □□□□□ □□.

□□□□ □□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□: □□□□□, δ (delta) □□□□□□□□□ □□□□□□□ (0.5–4 Hz) □□□□□□□ □□□□□□; □□□□□□ □□□□ □□□□□ 60–70 BPM □□□□□□ □□□□□□□; □□□□□□ □□□□□, □□ □□ □□□□□□□□□□□ □□□□□. Unexpected □□ □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□. □□□□□□. □□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□ □araf □□□□□□□□□□, □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□ □□□□ □□□□□□.

4.7 — □□□□□□□□□□□ □□□□□ □□□□□□□

□□□□□□□□□□□□	□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□, □□ □□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□. □□□□□□□□□□□□, □□ **dopamine** □□□ □□ □□□□□□□□□□□□ □□□□□ □□□□□. □□□□ □□□□□□□□□□ □□□□□ □□ □□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□ □□. □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□ □□□□ □□□□ □□□□□, □□□□□□□□□ □□□□□□□□□, □□□□□□□ □□□□□□ □□ □□□□□□□ □□□□□□□□□ □□□□□□□ □□□□ □□□□□□ □□□□□ □□□□□ □□□□ □□□□□□. □□□□ □□□□□□□□□□, **Recovery Kernel** □□□□□□□ □□□□□□ □□□□ □□□□□□□ □□. **Naloxone** □□□ □□□□□□□□□□ □□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□□□ □□□□ □□□□□□□ □□□□□ □□□□□□□□□□. **COMT** □□□ □□ □□□□□□□□□□ **dopamine** □□□□□ □□□□□□□□□□□ □□□□□□ □□□□□. **DRD2** □□□□ □□□□□□ **dopaminergic** □□□□□□□□□□□. **MTHFR** □□□□ **DNA** □□□□□ □□□□□□ □□	□□□□□□	□□□□□□.

	□□□□□□□□. **Blueprint** □□□ □□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□□. **findahelpline.com** □□ □□□□□ □□□□□□□□□ □□□□ □□□□□□□ □□□□ □□ □□□□□□. □□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□.		
BPC-157	□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□; □□□□□□□□ □□□□□□□□ □□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□. □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□; □□□□□□□□- □□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□ □□□□ □□□□□□; □□□□□□□ □□□□□□□□; BDNF □□□□□ □□□□.	□□□□□□□□□□□□ □□ □□□□ □□□□□ □□□□□□ - □□□□□□□□.	BPC-157, □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□. □□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□. □□□□ □□□□□□□□ □□□□□, BPC-157 □□□□□□□□□□□ □□□□□□□ □□□□□ □□ Stimulation □□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□ □□□□□. □□□□ □□□□□□ □□□□□□ □□□□□ □□ □□ □□□□□ □□□□□ □□□□□□□□□ □□□□□□ □□□□□□. □□□□□ □□ □□□□ □□□□ □□□□□□□□□□□□ □□□□□□ □□□□ □□□□□□□, □□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□□ □□□□□□□ □□ □□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□.
Semax	BDNF □□ NGF □□□□□□□□; □□□□□□□□□□□□□ □□□□□ □□□□□□; □□□□□□□□□□ □□ □□□□□□□□□□□ □□□□□□ □□□□□□; □□□□□□□□ □□□□□□□ □□□□□□□ - □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ BDNF □□□□ □□□□□.	□□□□□ 1 □□□□ □□□□□□ □□.	□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ BDNF □□□□□□□□□□ □□□□□□ □□□□□□, □□ □□□□□ □□ □□□□□□□ □□□□□□□□ □□□□□. Semax □□ BDNF □□□□□□□ □□□□ , □□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□. □□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□□□□□ □□ □□□□□□□□□□□□□□, Semax □□ □□□□□□□□ □□□□□□□□□ □□□□ □□□□ □□□□□ □□□□□□□□□ □□□□□□ □□□□ □□□□□□. □□□□□□□□ □□□□□□□□ □□□□□□□.
Selank	GABA □□ □□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□ □□□□□□□; □□ □□□□ □□□□ □□□□□, □□□□□□ □□□□□□□□□□□□□□□□□ □□□□ □□□□□□□. □□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□, □□ □□□□□□□ □□□□□□□□□□ SERT □□□□□□□□ □□□□□□□□ □□.	□□□□ 1-8 - □□□□□, □□□□□□□ □□□□□□ □□□□□.	Selank □□ □□□□□□□□□□□□□□ □□□□□, □□ □□□□□□□□ □□□□□□□□ □□□□ □□□□□□□ □□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□—□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□, □ □□□□□ GABAergic □□□□□ □□□□□□ □□□□□□□□□ □□□□ □□□□□. □□□□ □□ □□□□□□□ □□□□□. □ □□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□.
□□□□□□□□□.	□□□□□□□ □□□□□□□; □□□□□□□□□ □□□□□□□□; □□□□□□□□ □□□□□□□; .	□□□ 1-4	□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□ □□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□

			□□□□□ □□□□□□□ □□□□□□□ □□□□□□ □□□□ □□□ □□□□□ □□□□. □□□□□□□□ (Epitalon) □□□□□□ □□□□□□□ □□□□□□□ □□ □□□□□□□ □□□□□□ □□□□□□□ □□□□□□□ □□□ □□□□.
Dihexa	Synaptogenesis; HGF/c-Met □□□□□□; □□□□□□ □□□□□□□□ BDNF □□□□□ □□□ □□□□ □□□□□ □□□□□ □□ □□□□□□□ □□□□□□□□ □□ □□□□□□□□pus□□ □□ synaptic □□□□□□□□□ □□□□ □□□□.	□□□ 1-3	□□□□□□ □□□□□□□□ □□□□□□ BDNF □□ □□□ □□□ □□ □□□ □□□□ □□□□□ □□□□□□□□□ □□□□□□, Dihexa □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□ □□ □□□□□. □□□ □□□□□□□□; □□□□ □□□□□□ □□□ □□□□□. □□□□□□□□ □□□ □□□□ □□□ □□□□□□□□ □□□□ □□□□□ terbatas; □□□□□□ □□□□□□□□ □□□□□ □□□frontal □□□□□ □□□□ □□□□ □□□ □□□□□□□□□□□ □□□□□□□.

□□□□ 5 - □□□□□□ □□□□ - □□□□□ □□ □□□□□ □□ □□ □□□□□□.

THE CENTURION - □□□□□□□ □□ □□□□□□ □□□□□□□□□□□□□□□□ □□□□.

□□□□□□□□ □□□□□□ □□□□□ □□□□□□ □□□□□□□□□ □□□□□□ □□□□ □□ □□□□- □□□□□□ □□□ □□. □□□□□□□ □□□□□□□ □□□□๖๐ □□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□ □□□□□ □□□ □□□□□□□□ □□ □□□□□□ □□ - □□□□□□ □□□□□□□ (□□□□□□□ □□□□□, □□□□ □□□□ □□□□□, □□□□□□ □□ □□□□□□□ □□□□ □□□□□□□□, □□□□□ □□□□) □□□□□ □□□□, □□□□□□□□□□ □□□ □□□□ □□.

□□□ □□□ □□□□□□ □□□□□ □□□□□□□□□. □□□□ □□□- □□□□□□ □□□□□□□□□□□□□ □□□□ □□□□. □□□□ □□□frontal □□□□□□□□ □□□□□□ □□□□ □□□□□□□□ □□□, □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□ □□. □ □□□□ "□ □□□ □□□□□□ □□□" □□□□□ □□□□□□□□ □□□□ □□□□□□ □□□□□ □□□. □□□ □□□□ □□□□□□□□ □□□□□ □□□□. □□□□□□ □□□□□ □□□□ □□□ □□.

□□□□□□□□ □□□□□□ □□□□□□ □□□□□□ (behavioral) □□ □□□, □□ □□□□□□ (cognitive) □□□□□□ □□□□□: □□□□□□□□□□ □□□ □□□□□□□ □□□□□.

□□□□□□ □□□□ □□□ □□□□□□ □□□□ □□ □□□□ □□□□□□□□□.

□□□□□□ □□□□□	□□□□□□□□□□□ □□□□□□□.	□□□□□□□.
□□□□□□ □□□□□□□□□ □□□□ □□ □□□□□□□ □□□□ (□□□□□□□□□).	□□□□□ □□□□□, □□□□□□□□□□, □□□□□, □□□□, □□□□□□, □□□□ □□□□□□□□ - □□□□ □□□□□□ □□□□□□ □□□ □□□□□ □□□□□□□ □□ □□□□ □□□□□, □□□□□□□□□□□□□ □□□ □□□□. □□□□□□□□□□ □□□□□□ □□□□□□□ □□□ □□□□ □□.	□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□. □□□□□□□ □□□□□ □□□. "□□□□ □□□□□□□□□" □□□□□ □□□□□□□□□ □□□. □□□□□□□ □□□□□ □□ □□□□□□□□□ □□□□□□□□ □□□□□□□, □□□□□ □□□□□□□ □□□□. □□ □□□□□ □□□□□ □□. □□□ □□□□□□ □□□□□ □□ □□ □□□□□□□□□ □□□□□□□□.
□□□□□□ / □□□□□□	□□□ □□□□□□□□□, □□□□□□□ □□□□□□□□, □□□□ □□□□□□□□□ - □□□□□□□□ □□□ □□□□□ □□□□□ □□ □□□ □□□□□□□□ □□□□□□□ □□□, □□□□ □□ □□□□□□□□ □□□□□□□ "□□□□□□□□" □□□□□□□ □□□□□□□□□ □□□□ □□□□. □ □□□□□ □□□□□□□, □□□□□ □□□ □□□□□□□□□□□□ □□□□□□ □□□□ □□ □□□□□□ □□□□.	□□□ □□□□□□□□ □□□ □□□□ □□□□□□□□□ □□□□ □□□ □□□□□□□ □□□□□: □□ □□□□□□, □□□□□□□□ □□□□□ □□□□; □□□□□□□ □□□□□ □□□□□□□□□□ □□□ □□□□; □□□□□□ □□□□ □□□□□□□ □□□□ □□□□; □□□□□□□□ □□□ □□□□□ □□□□□□□□ □□□□□□ □□□□□. □□□□ □□□□□□□□□□ □□□□□□, □□ □□□□□ □□□□□ (□□□□ 6) □□□□□□ □□ □□□□□□, □□□□ □□□□□ □□□ □□□□□□□□ □□□ □□□□ □□□□□□□□□ □□□□ □□□ □□.
□□□□□□□□□□□□□ □□□□ □□□□□ □□□□ (□□□□ □□□□□□).	□□□□□□□□□□□□□ □□□□□ □□□□, □□□□□□ □□□□□□□ □□□□ □□□□□□□ □□□□□□ □□□□□: "□□ □□□□□ □□	□□□ □□□□□ □□□□ □□□□□□□□□ □□□□□□□ □□: □□□□□□□ □□□□□□□□ (□□□ □□□□□□□□ □□□□□ □□□□ □□□□□□□□□ □□□□□□□

	[illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].	), [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. "Warrior" [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].	5-HTP [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (SERT [illegible] [illegible]) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] 5-HTP [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] ([illegible] [illegible] [illegible] [illegible]).	[illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].	[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] همراه [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] همراه [illegible], [illegible] [illegible] [illegible]). kedua jenis ini [illegible] [illegible] [illegible] [illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - 5 [illegible].

1. [illegible].
2. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], . [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].
3. 4-7-8 [illegible] - [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] parasympathetic [illegible] [illegible] [illegible]. [illegible] [illegible] dopamine [illegible] [illegible] "Warrior" [illegible] vagal [illegible] [illegible]. [illegible], [illegible] [illegible].
4. NAC [illegible] [illegible] [illegible]. [illegible] [illegible] (NAC) [illegible] [illegible] [illegible] () [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□ □□□ □□ □□□□□□. □□□□□ □□□□□ □□□□□□□ □□□□□ - □□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□ □□. , □□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□ □□□□, □□□□□□□□□ □□□□□□□ □□□□□ □□□□ □□□□□.

5. □□□□□□□□□□□□: □□□□ □□□□□ □□□□□□□□□ □□□□ □□□□□ □□□□□□ □□□□□□□□ □□ □□□□□□□□ □□□□ □□□□□.
□□□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□ □□ □□ - □□□□□□□ □□□□ □□□□□ □□□□□□□ □□□□. □□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□ □□□□□, □□□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□ □□□□□□. □□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□ □□□□ □□□□□□. □□□□ □□□□□□ □□□□□□ □□□□□. □□□□ □□□□□□□□ □□□□□□ □□.

6. □□□□□□□□□□□□□□□□□□□□□□□ □□□□ □□□□□. □□□□□□□□ 6 □□ □□□□□□ □□□□□□, □□□□□ □□□□ □□ □□□□□ □□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□ □□□□□. □□ □□□□□□□□ "□□□□□□" □□□□ □□□□□□□ □□□□□ □□ □□□□□□□ □□□□□□□□□□ □□□□□. □□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□ □□□□□□.

7. □□□□□□□□□, □□□□□□, (0-10), , □□. □□□□□ □□□□□ □□□□□□□ □□□□ □□□□□ □□□□□ □□□□□□□□□ □□□□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□ □□. □□ □□□□ □□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□ □□□□□.

[illegible] 6 - [illegible], [illegible]

[illegible] - [illegible] C-28, [illegible] - [illegible].

[illegible] "Warrior" [illegible]: [illegible], [illegible]. [illegible], [illegible], [illegible], [illegible].

[illegible], [illegible], [illegible]. [illegible] ίδια , [illegible], , [illegible], [illegible].

[illegible], [illegible]. [illegible]. [illegible].

[illegible].

[illegible], [illegible]. * [illegible] * [illegible] * [illegible]	[illegible].	[illegible]:	[illegible]: * [illegible], [illegible]. * [illegible] Naloxone [illegible], [illegible]. * COMT [illegible] DRD2 [illegible]. * MTHFR [illegible]. * [illegible] Blueprint [illegible]. * [illegible] findahelpline.com [illegible]. [illegible].
[illegible] - [illegible].	[illegible], , [illegible], BDNF [illegible].	[illegible], [illegible], [illegible], [illegible] - [illegible], 45+ [illegible] phút. [illegible], [illegible].	[illegible], [illegible]. [illegible] 20 [illegible], [illegible] 60 [illegible]. [illegible]

			□□□□ kích thích □□ □□□□□□ □□□□□□□□ □□□□ neurochemistry □□□□□□□□ □□□□□□, □□□□ □□□□□□□ □□□□□ □□. □□□ □□□□□□□□ □□ □□□□□□. □□□□□□□□□ □□ □□□□□□□□.
□□□ □□□□.	□□□ □□□□—□□□□□ □□□ □□□□□□□□, □□□□□□□□ □□□ □□□□ 3-5 □□□□□□ □□□□□ □□□□□□ □□□□□.	□□□□□□, □□□□ □□□□, □□□□□□□, □□□□□□ □□□□□□□□, □□□□□□□□, □□□□, □□□□□□□□.	□□□□□□□□ - □□□□□□□ □□□□□□□, □□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ - □□□□□ □□□□□ □□□ □□□□□ □□□□□□□□ □□□□□□□ . □□ □□□□□□□ □□□□□□□□□□, cocaine □□□□□ □□□ □□□□□□□□□□, □□□□□□ □□□ □□□ cocaine □□□□□ □□□□□□ □□□□□□ □□□□□□□□□□ □□□□ □□□□□□□ . □□□□□□ □□□□ □□□□. □□□ □□□□□□ □□□□. □□ □□□□□□ □□□□□□□ cocaine □□□□□□□□□ □□ □□□□ □□ □□□□□□□□ □□□ □□□□□□□ □□□ □□□□□.
□□□ □□□□□□□□ □□□□□□□□□□□□.	□□□□ □□□□□□ □□□□□□□ □□ □□□□ □□□□□□□□□□.	, □□□□□□□□□ □□□□□□□, , □□□□□□□□□□, □□□□, □□□□□□□□□.	□□□□□□□ □□□□ □□□□□ □□□□□ □□□□□□ □□□ □□□□ - Val/Val COMT, □□□□□□□□ □□□□□□ □□□□□□□ □□□□ □□□ □□□, □□ □□□□□□ □□□□□□□ □□□□□ □□ □□□□□ □□□□□ □□□□□□□□□□ □□ □□□□ □□□□□□□. □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□ □□□□□, □□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□□orthy □□ □□□□□ □□□□□ □□□□ □□□ □□ □□□□□. □□□□□□, □□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□ □□ □□□□□□□□□□□□□ □□□□ □□□ □□□□□□ □□□□ □□. □□□□ □□□□□□□□□ □□□□□□□□ □□□□□ □□□□ □□□□□□ □□□□□□□ □□□□ □□.
□□□□□□□ □□□□□□□□□□□□ .	□□□□ - □□□□□□□□□ □□ □□□□□□□□□□□□	□□□□□□□□□□, hài, □□□□ (□□□□□□□□□□ □□□), □□□□□ (□□□□□□□□□ □□□□□ □□□□□□□□□ □□□), □□□□ □□□□□□□□□□□□□ □□□□□□□.	□□□□□ □□□□□ □□□□□ □□□ □□□ □□ □□□□□□□□□□□□□□□□□ □□□□□□□ - □□□□□□□ □□□□□□, □□□□□□□□ □□□□ - □□ □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□ □□ □□□□ □□ □□□□□□□ □□ □□□□ □□□□□□□□ □□□ □□ □□□□□. □□□□: □□□□□□□ □□□□□ □□□ □□□ □□ □□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□ □□ □□□, □□ □□□□□□ □□□ □□□□; □□□□□ □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□ □□.
□□□□□□ □□□□□□□ □□□ □□□□□□□.	□□□□ □□□□—□□□□□□□ + BDNF + □□□□□□□□□□; □□□ □□□□□□□ 2-3 □□□□ □□□□□□	□□ □□□ □□□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□, □□ □□□□□□□ □□□□□. □□□□ □□□ □□□□□□ □□□ □□□□ □□□□□.	□□□□□□□ □□ □□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□, □□ □□□□□□□□ NET □□□□□□□□ □□□□□□□□□□ □□□□ □□ - □□□□□□□□□, □□ □□□□□ □□□□□ □□. □□□□□□□□□□, □□□□□ □□□ □□□□ □□□□□□□ □□□□□. "Warrior" □□□□□□ □□□□□

	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].		[illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].	-[illegible] - [illegible] + [illegible] + [illegible]	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible].	[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

:

- [illegible] [illegible] [illegible] [illegible]:

  * [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□ 7 — Recovery Kernel □□□□□□□□□ □□□□□□□ □□□: □□□□□□□□□□ □□□□□□□.

□□□□□		□□□ □□□□□□□□□□□.	□□□□□□ □□□□□□ □□□□□□ □□□□□ □□□□□: * □□□□□, □□□□ □□ □□□□□ □□□□□ □□□□□ □□□□□ □□□□□. * □□□□□□□□□ □□□ □□□□□□□□ □□□ □□□□□. * □□□□□□ **(□□□□□: Naloxone)** □□□ □□□□□□□□ □□□□□□□, □□□□□□ □□□□□ □□ □□□□. * **COMT, DRD2, MTHFR □□** □□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□.
□□□□□□□□ (0-7 □□□).	, □□□□□ □□□ □□□ □□□ □□□□□□, □□□□□ □□□□ □□□□□□ □□□, □□□□ □□ □□□ □□□□□□ □□□□□□, □□□□□ □□□ □□□□□□.	□□□ □□□ □□□□□□□□; □□□□□□□□ □□□□ □□□□□□□□ □□□□□ □□□□□□□□; □□□□ □□□□□□ □□□□□; □□□□□□□□ □□□□□□ □□ □□□/HIV/HCV □□□□□□□□; ADHD □□□□□□□□ (□□□ □□□□□).	□□□□□ □□□□□□ □□□□ □□□□□□□□ □□□□ □□ □□□□□□, □□□ □□□□□□□□ □□□□ □□□. □□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□ □□□□□□, □□ □□□□□ □□□□□□□□□. □□□□□□ □□□□□□□□□ □□□□□□ □□□ □□□ □□□□□□ □□. □□□□□ □□□□□□□□ □□□ □□□□□ □□□□□□□□□ □□□, □□□□□□□□□.
□□□□□ □□□□ (□□□□ □□□□ 1-14).	07, 09, 17, 18.	NAC, □□□□□□□□□, 5-MTHF, □□□□□□□□□□, 5-HTP, □□□□□ □□□□□, □□□□□□ □□□□ □□□□□ □□□□.	NAC □□□□ □□□□□□□. □□□□□□□□□ □□□□ □□□□□□□. □□□□□□□□□□ □□□□ □□□□□□□. □□□□□ □□□□ □□ □□□□□□□□□□ □□□□□ □□□ □□□□, □□□□ □□□□□ □□□□ □□ □□□□□□□□□□ □□□□□ □□. □□□□ □□□□ □□□□, □□□□ □□□ □□□□□ (60-80 BPM, □□□□□□□ □□□□) □□□□□□ □□□□□. □□ □□□□□ □□□□ □□□ 07 □□□□□□□□ (□□□□) - □□□□□□□□ □□ □□□□ □□□□□□□ □□ □□□□□ □□□□□ □□□□□ □□.
□□□□□□ □□□□□□□□ (□□□ 1-4)	□□□□ 15 (□□□□□□ □□□□□), COMT □□□□□, DRD2, DAT1,	COMT □□□□□□□□; □ □□□ □□□□□ □□□□□ □□□□□□□ □□□ □□□□□ □□□□□; □□□□□□□□□ □□□□□; ADHD □□□ □□□□□□ □□□□□□ □□□□□.	COMT Val/Val □□□□□ □□□□□ □□□ □□□ □□□ □□□□ □□□□□□□ □□□□□□□□□ - □□ □□□□□□□□□ □□□□□ □□□□□ □□□□□ □□□□. DRD2 A1 , □□□□□□□□ □□□□□□□□□□□ "□□□□-□□□□ □□□" □□□□□□□□□□ □□□□□□□ □□□□□. ADHD □□□□□ (DAT1, DRD4) □□□□□□ □□□□□□ □□□□

	SLC6A4, MTHFR.		□□□□□□ □□□□□ □□ □□□□□ □□□□□□ □□□□□□□ □□□□□□□□ □□□□□□.
Intensité □□□□□□□ (□□□□ 2-12).	03 (), 04 (□□□□□□), □□□□ □□□□□□□□□□□ □□□□ □□□□□ 6.	□□□□ □□□□□ □□□□□□□ □□□□□□ □□ □□□□□□□□□□□ □□□□□□□ □□□□□□; □□□□ □□□□□□ □□□□□□; □□□□□□□□□□□□ □□□□□□□; □□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□.	□□□□ □□□□□□ □□□□□ □□□□□□□□□ □□, □□□□□ □□□□ □□□□□□□ □□ □□□□ □□ □□□□□□□□. □□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□. □□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□□ - □□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□? □□□□□□□□□□□□ □□□□□□□□ □□□□□□□? □□□□□□ □□□□□□ □□□□□ □□ □□□□ □□□□□□□? □□□□ 2-4 □□□□ □□□□□□ □□ □□□□□, □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□.
Environmental Architecture (□□□□ 2-12)	02, 05, 08, 13	□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□ □□□□□ □□ □□. * □□□□□□□□□ □□□□□□ □□□□□□□□□□; * □□□□□□□□ □□□□□ □□□□□□□; * □□□□□ □□□□□□ □□□□□□□□□□□; * □□□□□□.	□□□□□□□ □□□□□□□ □□□□□ □□□□ □□□□□ □□□□ □□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□□□□. 05 (□□□□□□□ □□□□□□) □□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□ □□□□□□□□□, □□□□□□□□□□□ □□ □□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□ □□□□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□ □□ □□□□□ □□□□□□□ □□□□□ □□□□□ □□ □□□□□ □□□□, □□ □□□□ □□□□□□□□□□□□□□□ □□□□□□ □□ □□□□□□.
ADHD □□□□□□□□□ (□□□□□ 2 □□□□, □□□□).	□□□□□ □□□□□□□□□□, "□□□□□□□□□□□" (Naloxone) □□□□□□ □□□□ □□□□□□□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□. * □□□□□□□□□□ □□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□ □□ (Addiction medicine psychiatrist) □□□□□□ □□□□□□. * □□□□ Recovery Kernel □□□□, □□ □□□□ □□□□□□□□ findahelpline .com □□□□	□□□□□□□□□□□□□ □□□□□ ADHD ; □□□□□□□ □□□□□; □□□□□□□ □□□□.	ADHD □□□□□ □□ □□□□□□□□□□ □□□□□□□ □□ □□□□ □□□□, □□□□□ □□□□□□□□□ (atomoxetine, bupropion, guanfacine, viloxazine) □□□□□□, □□□□ □□□□ □□□□ □□□□□□□□□ □□□□□ □□ □□□□□□. ADHD □□□□□□□□□, □□□□□□□ □□□□□□□□□□ □□□□□□ □□□□ □□□□□□□□□□ □□□□ □□□□□□□□ □□□□ □□, □□□□□□ □□□□□□□ □□□□ □□□□ □□□□□ □□.

	□□□□

[illegible] 8 - [illegible].

[illegible], [illegible]. [illegible]. [illegible], [illegible].

[illegible]:

[illegible].

[illegible]	[illegible].	[illegible].
Bupropion (Wellbutrin)	[illegible]; [illegible]; [illegible].	CYP2B6 [illegible]. Val/Val COMT [illegible], (bupropion) [illegible]. [illegible], [illegible] zust [illegible] beiden [illegible], [illegible] "Warrior" [illegible]. [illegible], ADHD (Attention Deficit Hyperactivity Disorder) [illegible].
Modafinil / Armodafinil	DAT [illegible] NET [illegible], [illegible]; [illegible].	[illegible] ([illegible]) [illegible], [illegible]. [illegible]. CYP3A4 [illegible]. [illegible].
.	- [illegible], [illegible]; [illegible].	OPRM1 A118G [illegible]. [illegible], [illegible] (Naloxone) [illegible], [illegible], [illegible]. [illegible], [illegible] kedua [illegible].
GLP-1 ([illegible], [illegible]).	[illegible]- [illegible] "" [illegible]; 2025-2026 [illegible]	[illegible]. [illegible], [illegible] 50-60% [illegible], [illegible]. [illegible], [illegible]

	[illegible].	[illegible]. [illegible] - [illegible], [illegible].
Disulfiram (Antabuse)	[illegible] - [illegible] β- [illegible], [illegible], [illegible].	[illegible] - [illegible], [illegible]. [illegible]. [illegible] ([illegible]). ALDH2 [illegible]: [illegible].
[illegible] ADHD [illegible].	ADHD [illegible] - atomoxetine, bupropion, guanfacine, viloxazine [illegible]. [illegible] cocaine [illegible] DAT/DRD4 [illegible].	[illegible] ADHD [illegible]. [illegible], [illegible]. [illegible]. [illegible].

[illegible].

THE CENTURION - [illegible]

[illegible]

[illegible]

[illegible] "[illegible]" "[illegible]" [illegible]

[illegible]

[illegible] -- [illegible] -- [illegible]

[illegible]

— — —

Recovery Kernel [illegible]

Crisis: call or text 988 | Emergency: 911 | SAMHSA: 1-800-662-4357

⚠ [illegible] - [illegible]

[illegible] "Recovery Kernel" [illegible]. ([illegible]).